Kept Shiny

FREE PRINTABLE

Bathroom Cleaning Checklist

30 tasks across 5 zones take about 2 h 45 min in all; start at the ceiling and work down, since Shower and Tub, the longest zone, runs about 43 min.

Ceiling, Vents and Walls — 37 min

- [ ] **Dust the exhaust fan vent** — 5 min
  Remove the cover if possible and wipe dust off the blades and grille with a dry microfiber cloth.
  > Turn off power to the fan at the switch before touching it.
- [ ] **Wipe down ceiling corners** — 4 min
  Use a dry microfiber cloth or a duster on an extension pole to clear cobwebs and dust.
- [ ] **Spot-clean wall splatters** — 5 min
  Wipe toothpaste or soap splashes off painted walls with a damp microfiber cloth and a little dish soap.
- [ ] **Clean light fixtures** — 5 min
  Wipe glass or plastic covers with a damp microfiber cloth after letting bulbs cool.
  > Make sure the fixture is unplugged or switched off and fully cool before wiping.
- [ ] **Treat ceiling mold spots** — 15 min
  Apply a diluted oxygen bleach solution with a cloth to any dark spots and let it sit for 10 minutes before wiping clean.
  > Ventilate the room well and wear gloves when handling oxygen bleach solution.
- [ ] **Dust door frame and trim** — 3 min
  Run a dry microfiber cloth along the top edge of the door frame and trim to remove settled dust.

Shower and Tub — 43 min

- [ ] **Clear hair and debris** — 3 min
  Pick up loose hair and product bottles from the tub floor and shelves before cleaning.
- [ ] **Scrub tile and grout** — 12 min
  Apply a pH-neutral cleaner to tile and grout, scrub with a stiff brush, then rinse thoroughly with water.
  > Avoid vinegar or lemon juice on natural stone tile, since acids etch the surface.
- [ ] **Clean glass shower doors** — 8 min
  Spray white vinegar on glass doors, wipe with a microfiber cloth, then buff dry to remove streaks.
- [ ] **Remove soap scum from fixtures** — 6 min
  Wipe chrome faucets and showerheads with a vinegar-dampened cloth, then rinse and dry.
- [ ] **Wash the tub basin** — 8 min
  Apply dish soap with a sponge, scrub the basin, then rinse completely with water before applying anything else.
  > Rinse soap fully before using a different cleaner on the same surface.
- [ ] **Treat shower curtain or liner** — 6 min
  Wipe down the curtain or liner with a cloth dampened in dish soap and water, then rinse and let it hang to dry.

Toilet

25 min

- [ ] **Apply bowl cleaner** — 5 min
  Squirt toilet bowl cleaner under the rim and let it sit for 5 minutes before scrubbing.
- [ ] **Scrub the bowl** — 5 min
  Use a toilet brush to scrub the interior thoroughly, then flush to rinse.
- [ ] **Wipe the exterior tank and lid** — 4 min
  Wipe the tank, lid and hinges with a cloth dampened in dish soap and water.
- [ ] **Clean the seat and rim** — 4 min
  Wipe both sides of the seat and the rim with a disinfecting wipe or a cloth with diluted bleach solution.
  > Dilute bleach only in plain water and ventilate the room while using it.
- [ ] **Wipe the base and floor around it** — 5 min
  Wipe the base and surrounding floor with a cloth dampened in the same diluted bleach solution used on the seat.
  > Wear gloves and avoid splashing bleach solution on fabric or grout sealant.
- [ ] **Disinfect the flush handle** — 2 min
  Wipe the flush handle with a disinfecting wipe since it is touched frequently.

Sink and Vanity

30 min

- [ ] **Clear the counter** — 3 min
  Remove bottles, toothbrushes and other items from the counter before wiping.
- [ ] **Wash the sink basin** — 6 min
  Scrub the basin with dish soap and a sponge, then rinse well with water.
- [ ] **Polish the faucet** — 5 min
  Wipe the faucet and handles with a vinegar-dampened cloth to remove water spots, then dry with a clean cloth.
  > Avoid vinegar on any faucet with a natural stone base; use a pH-neutral cleaner there instead.
- [ ] **Clean the mirror** — 5 min
  Spray white vinegar on the mirror and wipe with a microfiber cloth for a streak-free finish.
- [ ] **Wipe the counter surface** — 5 min
  For stone counters, use a pH-neutral cleaner; for other surfaces, dish soap and water work well.
  > Never use vinegar or lemon juice on marble or granite counters, since acids etch stone.
- [ ] **Organize vanity drawers** — 6 min
  Wipe out drawer interiors with a damp cloth and return items neatly.

Floor and Final Touches

30 min

- [ ] **Sweep the floor** — 5 min
  Sweep or vacuum the floor to remove hair, dust and debris before mopping.
- [ ] **Mop tile or vinyl floor** — 10 min
  Mop with a pH-neutral cleaner diluted in water, working from the far corner toward the door.
- [ ] **Clean baseboards** — 6 min
  Wipe baseboards with a damp microfiber cloth to remove dust and splashes.
- [ ] **Check the PVC drain pipes under the sink** — 3 min
  Run hot tap water through the drain for a minute to help clear buildup.
  > Use hot tap water only, never boiling water, since it can warp PVC pipes.
- [ ] **Replace towels and bath mat** — 3 min
  Swap in clean towels and a freshly laundered bath mat.
- [ ] **Empty the trash bin** — 3 min
  Remove the trash bag, wipe the bin interior if needed, and insert a fresh liner.