Kept Shiny

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Family Cleaning Schedule

This plan lists 29 tasks total: 21 weekly tasks spread Monday through Sunday plus 8 daily tasks. Start with the daily tasks, which take 15 minutes a day, then follow each day's weekly tasks, staying within 25 to 30 minutes.

Every day — 15 min

- [ ] Wipe kitchen counters and stovetop · Kitchen — 3 min
- [ ] Load and start dishwasher · Kitchen — 2 min
- [ ] Wipe bathroom sink and faucet · Bathroom — 2 min
- [ ] Sweep high-traffic entry floor · Entryway — 2 min
- [ ] Make beds · Bedroom — 2 min
- [ ] Take out kitchen trash if full · Kitchen — 2 min
- [ ] Spot-wipe spills on floors · Whole home — 1 min
- [ ] Tidy shoes and coats by door · Entryway — 1 min

Monday — 25 min

- [ ] Vacuum living room carpet or rug · Living room — 10 min
- [ ] Dust shelves and tabletops · Living room — 10 min
- [ ] Wipe television screen with dry microfiber cloth · Living room — 5 min

Tuesday — 28 min

- [ ] Clean bathroom mirror with vinegar and water solution · Bathroom — 8 min
- [ ] Scrub toilet bowl and seat · Bathroom — 10 min
- [ ] Wipe down shower tile with vinegar solution · Bathroom — 10 min

Wednesday — 25 min

- [ ] Wipe refrigerator exterior and handles · Kitchen — 5 min
- [ ] Clean microwave interior with dish soap and warm water · Kitchen — 8 min
- [ ] Mop kitchen floor · Kitchen — 12 min

Thursday — 25 min

- [ ] Dust computer monitor with dry microfiber cloth · Home office — 5 min
- [ ] Empty and wipe wastebaskets in every room · Whole home — 10 min
- [ ] Wipe light switches and doorknobs · Whole home — 10 min

Friday — 30 min

- [ ] Change bed sheets · Bedroom — 10 min
- [ ] Dust bedroom furniture and baseboards · Bedroom — 10 min
- [ ] Vacuum bedroom floor · Bedroom — 10 min

Saturday — 30 min

- [ ] Wash kitchen and bathroom towels · Laundry room — 10 min
- [ ] Clean inside of windows with vinegar and water solution · Whole home — 15 min
- [ ] Wipe glass tabletops and chrome fixtures with vinegar solution · Dining room — 5 min

Sunday — 30 min

- [ ] Clean stone countertops with pH-neutral cleaner · Kitchen — 10 min
- [ ] Vacuum under furniture and along baseboards · Whole home — 10 min
- [ ] Plan next week's grocery and supply list · Whole home — 10 min