Kept Shiny

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Monthly Cleaning Schedule

This plan runs 27 tasks total: 8 daily tasks taking 10 minutes a day, plus 19 monthly tasks spread across Week 1 to Week 4, each week running 45 to 50 minutes. Start with the daily tasks, then follow Week 1 first.

Every day — 10 min

- [ ] **Wipe kitchen counters and stovetop** · Kitchen — 2 min
- [ ] **Load and run dishwasher or wash dishes** · Kitchen — 2 min
- [ ] **Wipe down bathroom sink** · Bathroom — 1 min
- [ ] **Make beds** · Bedroom — 1 min
- [ ] **Sweep entryway** · Entryway — 1 min
- [ ] **Take out trash if full** · Kitchen — 1 min
- [ ] **Spot-wipe spills on floors** · Whole home — 1 min
- [ ] **Tidy living room surfaces** · Living room — 1 min

Week 1 — 50 min

- [ ] **Clean inside refrigerator shelves with warm soapy water** · Kitchen — 15 min
- [ ] **Wipe down kitchen cabinet fronts** · Kitchen — 10 min
- [ ] **Descale faucets and showerhead with vinegar soak** · Bathroom — 10 min
- [ ] **Vacuum under couch cushions** · Living room — 10 min
- [ ] **Dust ceiling fan blades** · Bedroom — 5 min

Week 2 — 45 min

- [ ] **Clean microwave interior with water and vinegar steam** · Kitchen — 10 min
- [ ] **Scrub grout lines in shower with baking soda paste** · Bathroom — 15 min
- [ ] **Dust baseboards throughout main floor** · Whole home — 10 min
- [ ] **Wipe interior window sills** · Whole home — 5 min
- [ ] **Vacuum stair treads** · Staircase — 5 min

Week 3 — 45 min

- [ ] **Clean windows inside with vinegar solution** · Whole home — 15 min
- [ ] **Wipe down light switches and door handles** · Whole home — 10 min
- [ ] **Clean washing machine drum with hot water cycle** · Laundry room — 10 min
- [ ] **Dust computer and TV screens with dry microfiber cloth** · Living room — 5 min
- [ ] **Vacuum closet floors** · Bedroom — 5 min

Week 4 — 45 min

- [ ] **Clean oven interior with baking soda paste** · Kitchen — 20 min
- [ ] **Wipe garage shelving and sweep floor** · Garage — 15 min
- [ ] **Clean pH-neutral solution on granite or marble counters** · Kitchen — 5 min
- [ ] **Empty and wipe trash cans with hot water** · Kitchen — 5 min