

Weekly Cleaning Schedule

22 weekly tasks spread from Monday to Sunday, plus 8 daily tasks (30 in all). Each day of the plan takes 30 min; the longest is Monday at 30 min. The daily tasks add 11 min a day. Each day of the plan takes 30 min; the longest is Monday at 30 min.

✧ Every day 11 min

- ☐ **Wipe kitchen counters after meals** 2 min
Kitchen
- ☐ **Make all beds** 2 min
Bedrooms
- ☐ **Wash and put away dishes** 2 min
Kitchen
- ☐ **Wipe down bathroom sink** 1 min
Bathroom
- ☐ **Sweep entryway** 1 min
Entryway
- ☐ **Take out kitchen trash if full** 1 min
Kitchen
- ☐ **Tidy living room surfaces** 1 min
Living room
- ☐ **Wipe stovetop after cooking** 1 min
Kitchen

💧 Monday 30 min

- ☐ **Vacuum living room carpet and rugs** 10 min
Living room
- ☐ **Dust shelves and picture frames** 10 min
Living room
- ☐ **Wipe down television stand with a dry microfiber cloth** 5 min
Living room
- ☐ **Clean bathroom mirrors** 5 min
Bathroom

🍂 Tuesday 30 min

- ☐ **Scrub bathtub and shower tiles** 15 min
Bathroom
- ☐ **Clean and disinfect toilet** 10 min
Bathroom
- ☐ **Wash bathroom floor** 5 min
Bathroom

🕒 Wednesday 30 min

- ☐ **Wipe kitchen appliance exteriors** 10 min
Kitchen
- ☐ **Clean inside microwave** 10 min
Kitchen
- ☐ **Sanitize kitchen sink basin** 10 min
Kitchen

☑ Thursday 30 min

- ☐ **Dust ceiling fans and vents** 10 min
Bedrooms
- ☐ **Change bed linens** 10 min
Bedrooms
- ☐ **Vacuum under beds and furniture** 10 min
Bedrooms

Friday 30 min

- ☐ **Mop kitchen floor** 15 min
Kitchen
- ☐ **Wipe baseboards in main hallway** 10 min
Hallway
- ☐ **Clean entryway glass with a dry microfiber cloth** 5 min
Entryway

Saturday 30 min

- ☐ **Deep clean refrigerator shelves** 15 min
Kitchen
- ☐ **Wash kitchen and bath rugs** 10 min
Laundry room
- ☐ **Organize pantry shelves** 5 min
Kitchen

Sunday 30 min

- ☐ **Dust window sills throughout the home** 10 min
Whole home
- ☐ **Empty all wastebaskets and replace liners** 10 min
Whole home
- ☐ **Plan next week's cleaning tasks** 10 min
Whole home